





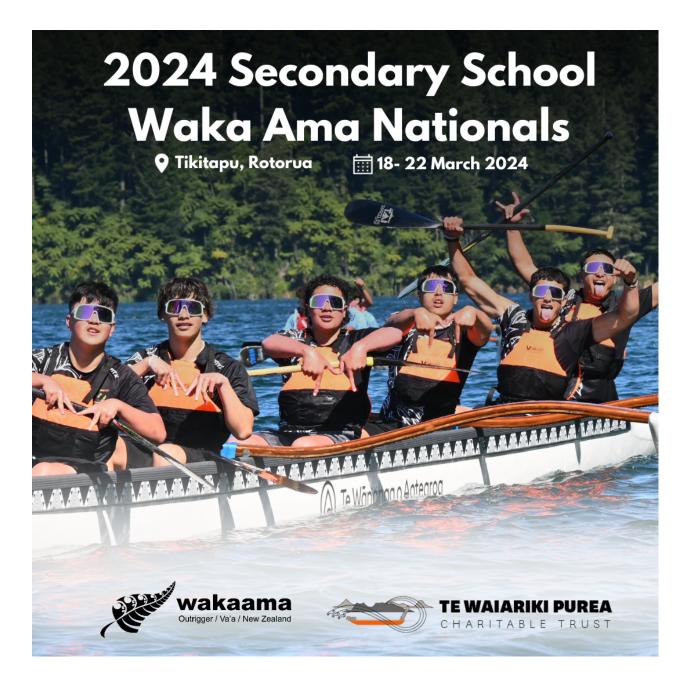
2024 Secondary School Waka Ama Nationals

Tikitapu (Blue Lake), Rotorua

PĀNUI 1

Race Dates: Tuesday 19th – Friday 22st March 2024

Registrations: 9th October 2023 - www.enternow.co.nz/wakaama





IMPORTANT DATES

Tuesday, (Midnight)	27th February 2024	Online Team Entries Close	
Tuesday	5 th March 2024	Paddler rosters close. <u>Schools will be invoiced from this date**</u> - Subject to a completed roster	
Friday	8 th March 2024	Paddler ID Cards close Photos must be uploaded by this date	
Monday	18 th March 2024	12pm onwards - School tent set-up	
		2pm onwards - ID Card Collection and Late Payments, on site Lake Tikitapu (Blue Lake).	
Monday 4pm	18 th March 2024	Compulsory Managers Meeting	
** After 5 th March, Full Payment is required as per invoice. All payments will be made to Waka			

IMPORTANT LINKS AND CONTACTS

• Team Entry and Paddler ID registration is available online at: www.enternow.co.nz/wakaama

Ama New Zealand

• Your school should already have a login from last year. If not, request one from:

<u>events@wakaama.co.nz</u>

- All finance queries please email <u>accounts@wakaama.co.nz</u>
- Any other queries: <u>events@wakaama.co.nz</u>
- This event is sanctioned by School Sport New Zealand and must comply with all

School Sport New Zealand Eligibility Regulations.





RACE INFORMATION

RACES

- 250 metres straight race
- 500 metres turn race

CANOE TYPE

- W6/W12 Mahi Mahi
- W1 Any Model

NB: Any team/school causing damage to any W6/12 contracted waka will incur the cost of the repairs which will be charged to the team's school.

All contracted W6/12 waka are used solely for competition. No contracted waka may be taken or used for training purposes while contracted to the event.

EVENTS

Boys W6 J16	Boys W6 J19	Mixed W12 J16
Girls W6 J16	Girls W6 J19	Mixed W12 J19
Boys W1 J16	Boys W1 J19	
Girls W1 J16	Girls W1 J19	

Important:

- W1 entries are limited to **FOUR paddlers per school,** a mixture of either boys or girls, and across both age groups, eg. **FOUR (4)** paddlers in total.,
- Paddlers can only paddle in one age bracket per event. Examples:
 - If as a J16 paddler you paddle in a J19 250m race you are ineligible to paddle the J16 250m race.
 - As a J16 paddler you paddle the J16 250m race you are ineligible to paddle in the J19 250m race.

W1 PADDLERS

- Schools can enter 4 x W1 paddlers per school.
- W1 paddlers cannot paddle in any W12 event, as they are run at the same time.
- W1 Paddlers will be using half lanes.
- There will be up to 12 paddlers in each W1 Race.
- A map of the course will be supplied in Pānui 2.

W6 & W12 RACES

- All straight 250m W6 and W12 events will be using the same lanes as per previous years.
- There will be up to 12 teams in each W6 & W12 Race.
- A map of the course will be supplied in Pānui 2

PARA WAKA AMA

We are working to grow the accessibility of our sport and make it inclusive to athletes with a disability. If your kura/school has students with a disability who wish to compete at this event, we will release a separate pānui for this. Please contact <u>events@wakaama.co.nz</u>



ELIGIBILITY:

- Competitors must be under 16 on the 1st of January 2024 to enter as a J16; or
- Under 19 on the 1st of January 2024 to enter as a J19.
- Competitors may only compete for one school at a National Championship. This <u>must</u> be the school at which they are enrolled and attend full time.
- A student may only paddle for one crew in any one race/event, i.e. J16 or J19, not both.
- W6 Boys and W6 Girls teams must all be students from the same school
- Single sex schools may form W12 mixed teams with one other single sex school
- W1 paddlers cannot race W12

ENTRY FEES

\$35 per paddler, includes ID Card

ID'S can be picked up at the ID Card Collection point on **Monday 18th March 2024** 2pm-5pm Lake Tikitapu (Blue Lake)

ACCOUNTS

Each school will be able to download their invoice once they have completed their entry after online entries have closed. The invoice is based on your entries. Once the school is invoiced on the 5th of March, you must pay for all paddlers – regardless of withdrawals. You will be charged for any additional paddlers added after invoicing.

VOLUNTEERS

A volunteer form will be circulated with schools prior to the event to gather names for volunteering.

CANOE RACING NEW ZEALAND (CRNZ)

In 2024, the first ever NZSS Canoe Racing event will combine with the Waka Ama Secondary Schools Nationals. K1 sprint, relay, and long distance events will be added to the schedule, with Canoe Racing Finals also being held on the Friday. CRNZ will collect their own entries, and send separate pānui to schools as entries are received. Entries are open to all students, including waka ama paddlers, who may be keen to try a new sport.



CANOE RACING EVENTS

Age Groups	<u>Divisions</u>	<u>Sprints</u>	Long Distance
14 & under	Male & Female	K1 250m	1730m = 2 full loops plus 250m final straight (2 portages)
16 & under	Male & Female	K1 250m	1730m = 2 full loops plus 250m final straight (2 portages)
18 & under	Male & Female	K1 250m	2470m = 3 full loops plus 250m final straight (3 portages)

CANOE RACING BOATS

- For 14&U and 16&U paddlers, boats will be provided by CRNZ and only the 'kahawai' sit-on 510 type boats will be permitted.
- For 18&U the above CRNZ boats may be used, or paddlers may use their own K1 boats



CAPSIZE DRILL

As part of the online entries, all schools must confirm that their teams have completed a safe capsizing drill prior to the event. This is something that should be practiced with students each year - regardless of skill and experience level.

You can view a capsizing drill video on the WANZ website here: <u>https://www.youtube.com/watch?v=IHIzi4ImFYc</u>

This video explains:

- How to fit a lifejacket correctly for each paddler
- How to right a capsized waka,
- The steps involved to right the waka, get back in it and bail

Waka Ama NZ recommends that all students should be proficient in this skill and feel comfortable doing it. This drill should be completed in a safe and controlled environment (that can be outside) and that life jackets should be worn for the duration of the drill.



RACE SCHEDULE

<u>NOTE</u>

The times for the finish of racing are estimates only. These may change depending on the number of race entries and weather conditions.

Monday 18th March – Set up Day

Start Time	Finish Time	
8:00am	8:00pm	Venue Setup
		Lanes set and complete
		Waka lashed
12 noon		Admin Setup / Schools can set up tent sites within the allocated area from 12 noon
2:00pm	5.00pm	ID Card Collection
4:00pm		COMPULSORY - Race Briefing/Managers Meeting for Day 1

Tuesday 19th March – Racing Day One

Start Time			
8:00am	Pōwhiri		
9:30am	Racing Commences W1 and W12 events		
	Heats, Semi's and Final		
NOTE: W1 Paddlers are not eligible to race in the W12 category as these races are run back to back. Races will not be postponed for any paddler.			
12 noon	All changes for Day 2 Racing need to be received prior to this time		
4pm	W1 Prizegiving		

Wednesday 20th March – Racing Day Two

Start Time	
8:00am	Teachers / Managers Day Briefing
8:30am	Events W6 Heats 250m, 500m
12 noon	All changes for Day 3 Racing to be received prior to this time.
1:00pm	COMPULSORY - Canoe Racing NZ Briefing/Managers Meeting
3.30pm	Last Race Canoe Racing Long Distance event - immediately after last Waka Race
4:45pm	W12 Prize Giving



Thursday 21st March – Racing Day Three

Start Time	
7:30am	Teachers / Managers Day Briefing
8:00am	Events W6 250m, W6 500m Semi finals Canoe Racing - K1 Male/Female 250m Sprints - Heats & Semis Canoe Racing - K1 Male/Female/Mixed Team Relays (4x 100m Sprint)
12 noon	All changes for Day 4 Racing to be received prior to this time
3.30pm	Last Race

Friday 22nd March – Racing Day Four (FINAL DAY)

Start Time	
7:30am	Teachers / Managers Day Briefing
8:00am	Events
	W6 250, W6 500m Finals
	Canoe Racing - K1 Male/Female 250m Sprints - Finals
12:30pm	W6 and Canoe Racing Prize Giving





EVENT INFORMATION

LIFEJACKETS

These must be worn during racing and any practice associated with this event. Schools are responsible for providing their own life jackets, which must be approved Personal Flotation Devices. These must be jacket style. <u>Waist belt and inflatable styles - are NOT PERMITTED</u>. Schools without, or with incorrect lifejackets will be disqualified from racing.

FIRST AID

Peak Safety will be onsite to provide First Aid.

Please remind your students to bring their EpiPens and Asthmas inhalers should they require them. Please ensure these are always accessible.

WAKA AVAILABILITY

All W1 paddlers will need to supply their own W1 waka and must also have a number holder. W6 waka will be provided for the event by the Event organizers.

REFRESHMENTS

There will be vendors onsite. There will be taps available for filling bottles. PLEASE, bring your own drinking bottles.

VOLUNTEERS

Volunteers are needed to make the week run smoothly. If schools have any whanau/staff keen to volunteer for one or more days, please email <u>events@wakaama.co.nz</u>

<u>VENUE</u>

This venue is SMOKEFREE /AUAHI KORE and Vape free. Any Drugs or Alcohol will be confiscated from this event.

WEATHER CONDITIONS

You should expect wind, rain and sun during the event. Schools are advised to bring their own protection from the elements, including strong pegs for the tents. Ensure students have sunblock, hats and raincoats. Umbrellas are great for sun as well as rain.

<u>T-SHIRTS</u>

Limited merchandise will be available during the week, so it is first in first served. However, if you want to order more, an order form will be available.



TEAM TENTS

- Schools are encouraged to set up tents to store their gear in, and provide respite for paddlers from the elements. These sites are not located for spectator viewing.
- The terraced grass areas are set aside for all schools, whanau, and spectators to sit on for the best race viewing (**no tents or gazebos permitted**).
- All schools will be located on the area boarded by the playground, mobile toilet block and fencing. Note: depending on the weather over the summer, this area could be a mixture of gravel & grass.
- Please check in with the Village Coordinator on arrival to be shown a site.
- Due to participant and spectator safety NO tents will be erected on the following locations:
 - Lake Edge, Beach,
 - Lower grass adjacent to beach
 - Terrace grass seating area.
 - By the 250m start line
 - Next to the administration building

Due to space restrictions. School Tent sites will be marked out by the number of paddlers attending. If you have:

- 6 students or less, you will be allowed to have a 3x3m pop up size tent.
- 6 to 12 students = 6x3m popup size tent
- 13 to 24 Students = Equivalent of two 6x3m
- 25 to 40 Students = Equivalent of four 6x3m

No tents can be erected until midday (12 noon) on Monday 18th March. Any tents erected prior to that will be removed.

VILLAGE REMINDERS

- RAPIHI RUBBISH- please ensure that your area is kept clean at all times.
- HANGARUA RECYCLING please use the bins provided
- LOOKING AFTER YOUR TENT please check daily that your tent is securely pegged. If leaving up overnight, remove the roof or lower the tent incase of strong winds overnight.
- Please ensure that your tent is secure overnight and remove any belongings that might fly away should the weather turn overnight.

INTERNATIONAL TEAMS

We welcome schools from overseas to take part in our event, as it is a great way for our rangatahi to meet paddlers from other countries. We also understand that this event is a New Zealand Secondary School National Championships.

The following lanes will be used in the Finals for New Zealand School teams:

	New Zealand School Teams	International Teams
250m W6 and W12	Lanes 1 to 12 (half lanes)	Lane 13
500m W6 Turn race	Lanes 1 to 8	Lane 9
250 W1	Lanes 1 to 12 (half lanes)	Lane 13 +

International teams may appear in other lanes should there not be sufficient NZ teams to fill the first 8 lanes. However, the rule of thumb will always be that international teams will fill lanes outside New Zealand School teams.



SAFETY REQUIREMENTS

If you are going to use a generator and extension cords you are required to have them checked by an authorized electrician. Documentation must be presented to the Village Coordinator authenticating that they have been checked and are in good working order. Failing to do so may result in the Site Manager requesting that the use of the equipment be discontinued. Please whānau this is for the safety of your rangatahi and others.

RECYCLING AND RUBBISH BINS

Recycling bins are situated at the back of the playground. Please ensure that only recyclable materials are put in the bins with yellow lids. In addition, there are also wheelie bins for rubbish in place of drums due to the wasp issues. We ask that the bins remain in the areas they are placed, and keep the lids closed.

Please ensure your kura is managing the rubbish in your area – if you see any rubbish around your tent or on the beach, please pick it up 😊

DISABILITY DROP OFF POINT AND CAR PASSES

This year there will be a designated disability drop off area for those with authorized disability permits. PLEASE NOTE, this is a <u>drop off area</u> **ONLY**. Once you have dropped off your passengers you will be asked to leave the area, as this needs to be kept clear for foot traffic and emergency services.

Only those with an official **CAR PASS** issued by the Waka Ama Co-ordinator will be granted vehicle access to the event.

<u>PŌWHIRI</u>

All Manuhiri are asked to assemble in the terrace area 30 mins prior to the Pōwhiri start time. **The pōwhiri will start at 8am on Tuesday**. We ask that the Schools with the Taonga from last year situate themselves at the front of the Pōwhiri procession. All Rotorua Kura are requested to assemble behind the paepae.

PUTU MIHAKA TROPHY

The Putu Mihaka Trophy is awarded to the school that displays manaaki, awhi, and an overall positive attitude throughout the event. This award pays homage to the late Te Putuangaanga (Putu) Mihaka nō Ngāti Pikiao. Putu was a strong advocate of rangatahi Māori, played significant roles in organisations like Te Waiariki Purea Trust, and was a huge supporter of the waka community.

LAURIE DURAND MEMORIAL AWARD - TE POU TAUTOKOHIA

Te Pou Tautokohia is awarded to the school that displays tautoko to others and the event. Te Pou Tautokohia pays homage to the late Laurie Durand, a stalwart of Te Waiariki Purea Trust, Waka Ama, and the National Secondary School Event.

RACE ETIQUETTE

Any school that have teams where a student:

- 1. Stands up in a waka after the race is completed (other than to exit the canoe in the loading bay); OR
- 2. Throw paddles in the air when they have completed their race; OR
- 3. Deliberately fly the ama of the waka

Will be fined \$100 per incident and the thrown paddles will be confiscated.



2024 SECONDARY SCHOOL WAKA AMA NATIONALS

Regatta Rules

1.0 Categories

- 1.1 **J16 W6 Team -** Must consist of 6 paddlers, this includes the steerer. You can have any combination of students under 16 as at 1 January in the year of competition **only**, of the same gender from the same school in this division.
- 1.2 If your school cannot field an entire J16 team and you need to mix J16 with J19 then the team must register as a J19 team.
- 1.3 One J19 paddler in a J16 team constitutes the team to be registered as a J19 team.
- 1.4 **J19 W6 Team -** Must consist of 6 paddlers, this includes the steerer. You can have any combination of students under 19 as at 1 January in the year of competition **only**, of the same gender from the same school in this division.
- 1.5 **J16 W12 Mixed Teams -** Must consist of 12 paddlers, 6 boys and 6 girls including the steerer. You can have any combination of students J16 as at 1 January in the year of competition **only**.
- 1.6 **J19 W12 Mixed Teams -** Must consist of 12 paddlers, 6 boys and 6 girls including the steerer. You can have any combination of students under 19 as at 1 January in the year of competition **only**.
 - 1.6.1 If you are a Single Sex school, then you may mix with **one** other opposite Single Sex school only.
 - 1.6.2 If you are a Co-Ed School, you must form a W12 from within your own school

2. <u>Races</u>

- 2.1 250m Straight race
- 2.2 500m Turn race.

3. W1 Paddlers

- 3.1 Waka must be rudderless
- 3.2 Waka must have number holders for lane identification
- 3.3 W1 waka must be supplied by individuals.
- 3.4 Paddlers must wear a Life Jacket (Personal Floatation Device) as per the safety rules. Paddlers/schools are required to supply their own Life Jacket, which must be Jacket style only. NO BELTS and NO INFLATABLE styles are permitted.
- 3.5 It is the responsibility of Schools to ensure that competitors can competently paddle a W1
- 3.6 If you paddle in the W1 category, you **CANNOT** paddle in the W12 category as these races will be run back to back.

4. Eligibility

- 4.1 Competitors must be Full time Secondary School Students under 19 as at 1 January 2024
- 4.2 Competitors may only compete for **one** school at a National Championship. This must be the school at which they are enrolled and attend full time.
- 4.3 Single Sex schools may mix with **one** other opposite Single Sex school only for the W12 race
- 4.4 A student may only paddle for one crew in any one event/category.
- 4.5 W6 Boys and W6 Girls teams must all be students from the same school.
- 4.6 With the exception of 4.3 where single sex schools can combine to form W12 teams. There shall be no composite teams where schools combine to form a team, eg in the W6 events.



5. School Uniforms

- 5.1 Any display of alcohol, drug or tobacco product advertising will not be allowed on racing uniforms.All paddlers must paddle in a team uniform (Tops). Standardisation of team uniform on the water to include tops (e.g. T Shirts/Singlets), These must be standardised for the whole team. Mixed W12 teams may have two different uniforms.
- 5.2 Hats and sunglasses are permitted if individual paddlers wish to wear them.
- 5.3 Appropriate additional items of uniform may be worn in line with weather conditions. These items must be worn underneath their race uniform.
- 5.4 To maintain the dignity and solemnity of the presentation/prize giving ceremony, the competitors receiving trophies must wear their approved school uniform/racing uniform or off the water uniform.

6. Registration, replacements and withdrawals

- 6.1 Only those competitors registered for the first heat of an event may progress throughout the competition with the following exceptions.
 - 6.1.1 Unless there is an accepted medical reason for withdrawal and replacement accompanied by a medical certificate and accepted by the Race organisers.
- 6.2 Competitors unable to continue racing as in Rule 6.1.1 may only be replaced by eligible paddlers named on the School roster form.

7. Qualifications and Finals

- 7.1 To qualify for finals the Competitors must be within these bounds:
 - 7.1.1 start with those competitors eligible from the paddler roster
 - 7.1.2 progress only with the starting competitors, unless otherwise permitted as per 6.1.1
 - 7.1.3 have sustained no faults or breaches to rules throughout the race
 - 7.1.4 complete the event with no less than six (6) paddlers in a W6 race, 12 paddlers in a W12 race.
 - 7.1.5 complete the entire race in a seated position
- 7.2 Progression will depend on the number of entries and lanes in the event
- 7.3 Should there be any withdrawals, the Race Director may:
 - 7.3.1 eliminate a heat
 - 7.3.2 place competitors in other heats

8. <u>Safety</u>

- 8.1 All W6 shall carry bailers at all times
- 8.2 Approved Personal Flotation Devices, jacket type are compulsory and must be worn by ALL competitors. Schools must provide their own team PFD's, as correct sizing is an important part of safety. Waist type belts, tubes and inflatables are <u>not approved</u>.

9. Paddles

- 9.1 Paddles must be a single blade, and may be any size or shape.
- 9.2 Paddles may be constructed from any material.

10. Numbering

10.1 W1 canoes must have a number holder attached to the canoe. W1 competitors are responsible for ensuring that their canoe has a holder. Holders will be made available for sale at the event.



11. Course Markers

- 11.1 Buoys shall mark lanes. All numbering explanations are from the start of the 250m-straight course.
- 11.2 The lane running closest to the finish line viewing will be Lane one (1)
- 11.3 Lanes shall be marked by a coloured flag; this will indicate the middle of the lane. Where half lanes are used, lanes will start and finish with **ODD NUMBERS** to the right of the flag and **EVEN NUMBERS** to the left of the flag.
- 11.4 The length of the 250m lanes shall, at a minimum, be marked by three (3) buoys per lane. In races requiring turns there shall be a turning flag/buoy. Different coloured flags shall be attached to each turn buoy to help crews identify their lanes. Turn flag buoys shall be positioned equidistant from the numbered buoys i.e. in the centre of the lane at each end of the specific course being used for the turn events.

12. <u>Lanes</u>

- 12.1 In sprint races all 250m W1 and WT12 races are straight away. W6 races may involve turns at each 250m as set for that event. The Organising Committee of any specific event will set the length of turn races for that competition.
- 12.2 The course shall have lanes that are:
 - i) 250m long, and
 - ii) 30 35m in width. Water should be at least 2m deep.
- 12.3 The lanes shall be set so a canoe will finish on the left of the buoy representing the number of its lane assignment.
- 12.4 The Waka must complete the entire race within its designated lane.
- 12.5 In any race involving turns the canoe must turn counter-clockwise around the flag but may start or finish with the flag on any side so long as they are within their designated lane.
- 12.6 A lane or area shall be designated so that the contestants may proceed safely to the starting line without interfering with the racecourse. When a race is in progress paddlers who are not racing will not be permitted on or near the course unless so directed by the Race Director.
- 12.7 In straight races the lanes may be split in two. Canoes must finish with the turning flag to the side to which they started.

13. <u>Turns</u>

13.1 In any race involving turns the canoe must run counter-clockwise around the flag. During a turn, the canoe shall not run over the flag in such a way that the flag is between the ama and the hull.

14. Starts

- 14.1 Competitors must be present at the start line for their event as shown on the programme. Starting signals shall be given regardless of absentees.
- 14.2 The start shall be taken up by two parties, one to align Waka and one to start the race when alignment has been achieved.
- 14.3 The order of the start is:
 - i) Raising the white flag indicates two minutes to the race start. The race shall start any time within that two minutes. (waka move to the false start line)
 - ii) Raising of the red flag Waka move to a starting position behind the start line.
 - iii) Raising of the green flag indicates the start of the race.
- 14.4 Crossing that start line at any time before the raising of the green flag will result in a disqualification. Not following starter orders will result in disqualification
- 14.4A If the starter raises a black flag during the starting procedure, this indicates that an infraction exists and the bow of at least one canoe is across the start line. Competitors will be given the opportunity to line up correctly. If, after a reasonable time, the infraction has not been corrected (in which case the black flag will not be lowered), the race may be started, resulting in disqualification of those canoes that caused the infringement.



15. Disqualification (DQ) Applies to all events

Disqualification will occur for any fault that is made before, during or after any race. This includes any breach of the Race Rules.

- 15.1 Disqualification may occur for any misconduct or bad behaviour at an event. This will be at the total discretion of the Race Director or Head Course (HC) Judge. The following provisions, as stated in these rules, are cause for automatic disqualification.
 - 15.1.1 Competing for more than one Crew or School in an event will disqualify both crews
 - 15.1.2 Paddling at any time during a race outside one's lane
 - 15.1.3 Starting or finishing outside one's lane
 - 15.1.4 Paddling in a non-seated position (Standing in a Waka at any time during the race)
 - 15.1.5 Crossing the line and commencing the race before the raising of the green flag.
 - 15.1.6 Not rounding the flags in a counter clockwise direction
 - 15.1.7 Not rounding the turn flag with the entire waka including the ama.
 - 15.1.8 Failing to complete a turn within the designated lane and buoys
 - 15.1.9 Not following the starting rules
 - 15.1.10 Complete a race with less than 6 paddlers' (W6)
 - 15.1.11 Complete a race with less than 12 paddlers' (W12)
 - 15.1.12 Paddling out of uniform
 - 15.1.13 Failure to wear their approved school uniform/ racing uniform or off the water uniform during presentation/ prize giving ceremony

Note: Start, Turn and Lane faults during Heats will incur time second penalties (10 Seconds per penalty)

Procedure on receiving a protest

- 15.2 If 3 stations call DQ, protest disallowed by HC Judge (No meeting)
- 15.3 If 2 stations call DQ, HC Judge consults. This may involve the judges viewing video evidence. Can call a meeting with the Protest Committee if required. The HC Judge has the final decision.
- 15.4 If 1 station calls DQ, HC Judge calls a meeting of the Protest Committee. The Protest Committee shall make the final decision.

Racing DQ's are called by the following stations

Aligner and Starter	Lane Marshalls	Loading Bay Officials	Registration Officials
On the Water Boats	Race Director	Video Officers	Time Keepers

Time penalties for heats

A 10 second time penalty will be applied for all infractions in heats.

16. Protests

- 16.1 All Protests will be overseen by The Head Course Judge or Race Director.
- 16.2 Protest must be made no more than 20 minutes after notification of race result.
- 16.3 Protests cost \$100 to be paid when a protest is lodged.
- 16.4 Refundable if protest is upheld.
- 16.5 Protest forms will be available at administration.

17. Code of Good Conduct

Schools are responsible for the behaviour of their students on and off the water. Supervisory staff and support adults will ensure that all race rules are observed and that their students display a good sportsperson type attitude when competing. Any unacceptable behaviour at the lake venue, accommodation or in the city that is notified to the Race Director, will be dealt with accordingly and could include a request to return home from the event.

18. There will be no composite teams at this event. Schools are required to form teams from full-time students within their school. The only exception to this is where single sex schools may form with another single sex school to form a W12 team.